



Extra Support for Your Health at Home

Remote Patient Monitoring (RPM) & Chronic Care Management (CCM)

Saint Mary Internal Medicine now offers additional support for patients with ongoing health conditions through our care partner, Vive Health. This program helps us stay connected to your health between office visits and gives you extra support from home.



Who may benefit?

- High blood pressure
- Diabetes
- Heart disease
- COPD or asthma
- Chronic kidney disease
- Other ongoing health conditions



What is RPM?

Remote Patient Monitoring lets you check important health numbers at home using simple devices, such as a blood pressure cuff, scale, glucose monitor, or pulse oximeter. Your readings are shared with your care team so we can keep a closer eye on your health.



What is CCM?

Chronic Care Management gives you added monthly support between visits. This may include nurse check-ins, education, help understanding your care plan, and support managing your medications and chronic conditions.



How can this help me?

- ✓ More support between office visits
- ✓ Better tracking of important health numbers
- ✓ Earlier attention to possible concerns
- ✓ Education and coaching from trained nurses
- ✓ Help staying on track with your care plan
- ✓ Better management of chronic conditions



What happens next?

- 1 Your provider identifies you as a good candidate.
- 2 Someone from Vive Health may contact you on behalf of our office.
- 3 They will explain the program and answer your questions.
- 4 If you choose to enroll, we will help you get started.



Insurance coverage will be verified before you begin.
We will review any possible out-of-pocket cost with you in advance.



Participation is optional.



Questions?
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